



STOP SUICIDE

NORTHEAST INDIANA

with
DAC
Allen County Drug & Alcohol Consortium, Inc.

LEARN HOW TO USE THE C-SSRS!

The Columbia - Suicide Severity Rating Scale (C-SSRS) or "The Columbia" empowers communities, families and individuals to identify people who are at risk of suicide and prevent tragedies before they happen. It tells the user whether a next step is needed, and recommends steps to help someone stay safe from suicide.



SIMPLE

You can ask as few as two to six questions, with no mental health training required to ask them



FREE

The screener is available at no cost.



EFFICIENT

Using the scale redirects resources to where they are needed most, preventing unnecessary interventions that are often costly, traumatic, and lead to disengagement from needed care. The C-SSRS provides evidence-based thresholds to connect to the right level of care



EFFECTIVE

Experience shows that the scale uniquely identifies those who would otherwise be missed



EVIDENCE-SUPPORTED

Many studies have proven it's reliability and validity; the Columbia effectively identifies who is most at risk

TRAINING INFORMATION:

Regular C-SSRS Training (virtual):

September 15th, 10:00 a.m- 11:30 a.m.

Register: <https://bit.ly/C-SSRSTraining> (\$15 if live/work in Northeast IN, \$25 outside of Northeast Indiana)

C-SSRS Train-The-Trainer Course (virtual):

August 18th, 9:00 a.m-11:30 a.m.; November 3rd, 1:00 p.m- 3:30 p.m.

Register: <https://bit.ly/C-SSRSTTT> (\$25 if live/work in Northeast IN, \$35 outside of Northeast Indiana)

CEUs provided by:



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