

Local and National Suicide Resources

Resources

Stop Suicide Northeast IN stopsuicidenow.org
Drug & Alcohol Consortium of Allen County
(260) 422-8412

LookUp Indiana, lookupindiana.org

BeWell Indiana (211), bewellindiana.com
Mental Health hotline

Substance Abuse & Mental Health Services Administration (SAMHSA) store.samhsa.gov
Free suicide crisis materials

Suicide Prevention Resource Center, sprc.org
Educational resources/webinars

American Foundation for Suicide Prevention, afsp.org
Suicide loss support & education, programs

Psychology Today
Find a therapist, www.psychologytoday.com/us/therapists

Suicide Prevention Phone Apps
Suicide Safety Plan (Inquiry Health): Apple/Google
Play stores

Virtual Hope Box: Apple/Google Play stores

Got Your Back: <https://jacobsswag.org/>
CalmHarm: Apple/Google Play stores

Grief Support

Finding Hope – Support Group
Peggy F Murphy Grief Center
4th Monday, 6:30-8:00pm
(260) 267-0150

We The Living – Support Group
Peggy F Murphy Grief Center
2nd Wednesday, 7–9 pm
(260) 450-1702, wethelivingfw.org

Surviving Loss by Suicide Support Group
Parkview LaGrange Hospital
3rd Tuesday, 6:30-8 pm
(260) 463-9492

Peggy F Murphy Grief Center
(260) 435-3261, www.vnfw.org/grief-support/

Erin's House For Grieving Children
(260) 423-2466, erinshouse.org

Local Providers

**Services for Adults Only*

Parkview Behavioral Health Institute (Inpatient/Outpatient) Counties: Adams, Allen, Dekalb, Huntington LaGrange, Wabash, Wells, Whitley
260-471-9440 (SOS/mobile intervention team)
260-266-2600 (appointments), parkview.com

Maple Heights Behavioral Health (Inpatient/Outpatient)
260-800-3601 mapleheightsbehavioral.com

Bowen Center (Inpatient*/Outpatient),
Counties: Adams, Allen, Dekalb, Huntington, Kosciusko, LaGrange, Noble, Steuben, Wabash + 20 other counties
(800) 342-5653, bowencenter.org

Northeastern Center (Inpatient/Outpatient).
Counties: DeKalb, LaGrange, Noble, Steuben
(800) 790-0118, necmh.org
(mobile crisis team serves hospitals, corrections)

Benchmark Human Services (Outpatient)
(260) 999-7669, mobile crisis team
Counties: DeKalb, LaGrange, Steuben

Headwaters Counseling (Outpatient)
(260) 744-4326, headwaterscounseling.org

Meridian Health Services (Outpatient)
(866) 306-2647, meridianhs.org

Courageous Healing (Outpatient—Culturally Centered care)
(260) 255-3514, www.courageoushealing.org
Spanish language counseling

Crosswinds Counseling (Outpatient—Faith based)
(877) 594-9204, crosswindscounseling.org

Oak Tree Guidance & Wellness Center
(260) 570-4515, www.oaktreeguidance.com

Crisis Lines

For an immediate threat to safety, call 911

988 Suicide & Crisis Line (vet/military, press 1), Spanish press 2)

Crisis Text Line: Text IN to 741741

RemedyLIVE (youth, faith-based)
Text remedy to 494949, Chat remedylive.com

Trevor Project (LGBTQ+ youth & young adults)
(866) 488-7386
thetrevorproject.org

Trans Lifeline
(877) 565-8860

hotline.translifeline.org

Black, Indigenous, People of Color
503-575-3764

Resource navigation:
CONNECT Allen County
260-901- 5480
Mental Health America
260-422-6441
NAMI Fort Wayne
260-447-8990



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NORTHEAST INDIANA