

Local and National Suicide Resources

Resources

Stop Suicide Northeast Indiana & Allen County Drug & Alcohol Consortium
(260) 422-8412, stopsuicidenow.org
dacac.org

LookUp Indiana
(800) 284-8439, lookupindiana.org

BeWell Indiana—211
Mental Health hotline, bewellindiana.com

Substance Abuse and Mental Health Services Administration (SAMHSA)
Free Suicide Crisis Materials, store.samhsa.gov

Suicide Prevention Resource Center
Educational resources/webinars: sprc.org

American Foundation for Suicide Prevention
Suicide loss support & education, afsp.org

Suicide Prevention Phone Apps
Suicide Safety Plan (Inquiry Health): Apple/Google Play stores
Virtual Hope Box: Apple/Google Play stores
NotOK: www.notokapp.com

Psychology Today
Find a Therapist, www.psychologytoday.com/us/therapists

Grief Support

Finding Hope – Support Group
Peggy F Murphy Grief Center
2nd Tuesday (Zoom) & 4th Monday, 6:30-8:00pm
(260) 267-0150

We The Living – Support Group
Peggy F Murphy Grief Center
2nd Wednesday, 7–9 pm
(260) 450-1702, wethelivingfw.org

Surviving Loss by Suicide Support Group
Parkview LaGrange Hospital
3rd Tuesday, 6:30-8 pm
(260) 463-9492

Peggy F Murphy Grief Center
(260) 435-3261, www.vnfw.org/grief-support/

Erin's House For Grieving Children
(260) 423-2466, erinshouse.org



Resource navigation:

- CONNECT Allen County: 260-901-5480
- Mental Health America: 260-422-6441
- NAMI Fort Wayne: 260-447-8990

Local Providers *Services for Adults Only

Parkview Behavioral Health Institute (Inpatient/Outpatient) parkview.com
Counties: Adams, Allen, Huntington, LaGrange, Wabash, Wells, Whitley
260-373-7500 (crisis/info)
260-266-2600 (appointments)

Lutheran/Maple Heights Behavioral Health
Coming Fall 2022 (Inpatient*/Outpatient)

Bowen Center (Inpatient*/Outpatient), bowencenter.org
Counties: Adams, Allen, DeKalb, Huntington, Kosciusko, LaGrange, Noble, Steuben, Wabash
(800) 342-5653

Northeastern Center (Inpatient/Outpatient). necmh.org
Counties: DeKalb, LaGrange, Noble, Steuben
(260) 347-2453

Headwaters Counseling (Outpatient)
(260) 744-4326, headwaterscounseling.org

Meridian Health Services (Outpatient)
(866) 306-2647, meridianhs.org

Bienestar Sin Fronteras (Outpatient—Spanish speaking)
(260) 745-6734, www.bsfindiana.org

Courageous Healing (Outpatient—Culturally Centered care)
(260) 255-3514, www.courageoushealing.org

Crosswinds Counseling (Outpatient—Faith based)
(877) 594-9204, crosswindscounseling.org

Oak Tree Guidance & Wellness Center
(260) 570-4515, www.oaktreeguidance.com

Crisis Lines Please call **911** in the event of an emergency

National Suicide Prevention Lifeline
(800) 273-TALK (8255) (vets or military, press 1)
Spanish: 888-628-9454

Crisis Text Line: Text IN to 741741

RemedyLIVE
Text remedy to 494949, Chat remedylive.com

LGBTQ
Trevor Project (youth and young adults)
(866) 488-7386
thetrevorproject.org

Trans Lifeline
(877) 565-8860
hotline.translifeline.org

Black, Indigenous, People of Color
503-575-3764