

STOP SUICIDE

NORTHEAST INDIANA



TRAINING



Question, Persuade, Refer (QPR)

A 2-hour basic evidence-based suicide prevention training that:

- provides an overview of warning signs and myths vs facts
- teaches 3 steps to save a life: ask the question, persuade them to get help, and refer them to support.



Columbia Suicide Severity Rating Scale (C-SSRS) Screener

Learn to use a free 6-item suicide screener that:

- helps determine low, medium, or high risk
- directs them to
 appropriate resources
 based on level of risk

Regular (1 1/2 hours) and Trainthe-Trainer (2 1/2 hours) options available.



TRAINING DATES:

QPR and/or C-SSRS Training (in-person)

February 19th (Allen Co.), April 9th (Allen Co.), June 3rd (DeKalb Co.), September 19th (Wells Co.), November 15th (Whitley Co.). Free, CEUs \$10

C-SSRS Training (via Zoom):

January 31st (Regular C-SSRS), March 26th (Train-the-Trainer), May 1st (Regular C-SSRS), August 22nd (Train-the-Trainer), October 25th (Regular C-SSRS).(\$15-\$35 per person, plus \$5-10 for CEUs).

Register for C-SSRS: https://bit.ly/C-SSRSTraining
Register for Train-the-trainer: https://bit.ly/C-SSRSTTT





Training Information













SUICIDE PREVENTION TRAINING - FREE!

Question Persuade Refer (QPR) and/or Columbia-Suicide Severity Rating Scale (C-SSRS)

- FEBRUARY 19TH, 12:00 P.M.-3:30 P.M. ALLEN COUNTY
 - Register: https://bit.ly/QPR-CSSRSFeb2024
- APRIL 9TH, 12:30 P.M.-4:00 P.M. ALLEN COUNTY
 - Register: https://bit.ly/QPR-CSSRSApril2024
- JUNE 3RD, 9:30 A.M.-1:00 P.M. DEKALB COUNTY
 - Register: https://bit.ly/QPR-CSSRSJune2024
- SEPTEMBER 19TH, 9:00 A.M.-12:30 P.M. WELLS COUNTY
 - Register: https://bit.ly/QPR-CSSRSSept2024
- NOVEMBER 15TH, 9:30 A.M.-1:00 P.M. WHITLEY COUNTY
 - Register: https://bit.ly/QPR-CSSRSNov2024

