Northeast Indiana Crisis Resources

Call 911 if someone is in immediate danger, or if injured, take them to the nearest emergency room. Find crisis resources by county by going online to **988indiana.org/community-resources**.



SOMEONE TO CONTACT

CRISIS SPECIALISTS:

Connect with crisis specialists 24/7/365 who offer compassionate support and connection to resources for anyone experiencing a mental health or substance-use related crisis.

988 SUICIDE & CRISIS LIFELINE

Text, Chat, Call 988 Visit 988indiana.org or 988lifeline.org

- Press 1 to text 838255 for Veterans
- Press 2 to text AYUDA for Spanishlanguage

If needed, Crisis specialists can activate mobile crisis teams

NATIONAL CRISIS TEXT LINE

Text IN to 741741

TREVOR PROJECT (Serves LGBTQIA+ young people)

Text START to 678678

REMEDYLIVE

(Serves youth - Christian affiliated)

Text REMEDY to 494949

TRANS LIFELINE

Call 877-565-8860 Visit translifeline.org

TEEN LINE (Hotline is open 9pm-1am)

Text TEEN to 839863 Call 877-968-8491



SOMEONE TO **RESPOND**

MOBILE CRISIS TEAMS:

These teams made up of people with lived experience and behavioral health professionals travel anywhere in northeast Indiana to help people in mental health crises.

PARKVIEW'S SOS TEAM

Call 260-471-9440

NORTHEASTERN CENTER'S MOBILE CRISIS TEAM

Call 800-790-0118



A **SAFE PLACE** FOR HELP

CRISIS RECEIVING & STABILIZATION CENTERS:

These centers offer 24/7 walk-in, shortterm emergency mental health or substance use services to anyone (no wrong door) in a home-like setting with no insurance requirements.

NEC CARES

1752 Wesley Road, Auburn, IN 46706 260-927-1246

BOWEN HEAITH

9 Pequignot Drive, Pierceton, IN 46562 800-342-5653

Each location offers stabilization rooms (open during normal business hours).

Opening 2026

PARKVIEW BEHAVIORAL HEALTH INSTITUTE

1909 Carew Street, Ft. Wayne, IN 46805 260-471-9440

PSYCHIATRIC INPATIENT HOSPITAL & INTENSIVE OUTPATIENT SERVICES

PARKVIEW BEHAVIORAL HEALTH INSTITUTE 1720 Beacon Street, Ft. Wayne (moving in 2026), 260-373-7500

MAPLE HEIGHTS BEHAVIORAL HEALTH 3955 West Washington Center Road, Ft. Wayne, 844-420-1181

ALLENDALE BEHAVIORAL HEALTH
454 E Dupont Rd, Ft. Wayne, 866-589-6827

NORTHEASTERN CENTER

1850 Wesley Road, Auburn, 260-927-0726

BOWEN HEALTH

9 Pequignot Drive, Pierceton, 800-342-5653

VA NORTHERN INDIANA

Marion (Inpatient): 765-674-3321, ext. 73577 Ft. Wayne (Intensive Outpatient): 260-426-5431, ext. 61190

IF IN DOUBT, CALL 988!



It's nonjudgemental. It's the support you need. It's a reminder you're not alone.

PEER SUPPORT SERVICES

SUPPORT	ONE-ON-ONE	GROUPS	ANY ADULT	MILITARY/ VETERAN- SPECIFIC
ACTION OVER SILENCE aoscoordinator@dacac.org	•	•		•
ALTERNATIVES TO SUICIDE iaprss.org/alternativesto-suicide		•	•	•
FW-22 www.fw22.org	•	•		•
INDIRECT FIRE garrett@safehavenfm.org	•	•		•
MENTAL HEALTH AMERICA mhanortheastindiana.org/our-services/peer-support		•	•	
MONARCH CREATIVE INK monarch@monarchmhealth.org		•	•	
NAMI FORT WAYNE www.namifortwayne.org		•	•	
RUACH FOUNDATION theruachfoundation@gmail.com	•		•	
NORTHERN INDIANA VA 800-360-8387	•	•		•
VOLUNTEERS OF AMERICA ssgfox@voaohin.org	•	•		•
THE CALVARY, 260-619-2700, info@summitequestriancenter.org		•		•

OTHER RESOURCES

RESOURCE NAVIGATORS:

CONNECT ALLEN COUNTY

201 E Rudisill Blvd, Suite B102, Ft. Wayne, 260-901-5480

LOOKUP INDIANA

lookupindiana.org, click "Get Help" button

NAMI FT. WAYNE namifortwayne.org

MENTAL HEALTH AMERICA OF NORTHEAST INDIANA

mhanortheastindiana.org

FINDING HOPE: A TOOLKIT FOR SUICIDE PREVENTION stopsuicidenow.org/toolkits

APPS/PROGRAMS:

SUICIDE SAFETY PLAN (INQUIRY HEALTH)

Visit Apple or Google Play stores

VIRTUAL HOPE BOX (PHONE APP)
Visit Apple or Google Play stores

GOT YOUR BACK (PHONE APP)

jacobsswag.org

NOW MATTERS NOW (ONLINE PROGRAM)

nowmattersnow.org

MINDFULNESS COACH

mobile.va.gov/app/ mindfulness-coach

PTSD COACH

mobile.va.gov/app/ptsd-coach

NATIONAL:

AMERICAN ASSOCIATION OF SUICIDOLOGY

suicidology.org

AMERICAN FOUNDATION FOR SUICIDE PREVENTION

afsp.org

SUICIDE PREVENTION RESOURCE

CENTER

sprc.org

SUBSTANCE ABUSE AND MENTAL HEALTH SERVICES ADMINISTRATION

samhsa.gov

LIFELINE FOR SUICIDE ATTEMPT

SURVIVORS & FAMILIES

lifelineforattemptsurvivors.org

MAN THERAPY

mantherapy.org

SUICIDE IS DIFFERENT (CAREGIVERS)

suicideisdifferent.org

LIFE IS BETTER WITH YOU HERE

(AFRICAN AMERICAN)

lifeisbetterwithyouhere.org

WORRIED ABOUT A VETERAN worriedaboutaveteran.org

LOCK TO LIVE lock2live.org

MENTAL HEALTH PROVIDERS: OUTPATIENT COUNSELING

BOWEN HEALTH

800-342-5653

PARK CENTER/ PARKVIEW BEHAVIORAL

HEALTH INSTITUTE*

260-471-9440

MERIDIAN HEALTH SERVICES

260-436-0932

NORTHEASTERN CENTER*

800-790-0118

*Soon to be certified Community Behavioral Health Clinics (CCBHCS)

CULTURALLY CENTERED CARE & SPANISH LANGUAGE:

COURAGEOUS HEALING

260-255-3514

AMANI FAMILY SERVICES (IMMIGRANTS & REFUGEES)

260-484-1414

LGBTQIA+ CENTERED CARE:

ALLY COUNSELING & CONSULTING

260-333-9703

FOLX & FRIENDS COUNSELING

260-600-9546

VETERAN CENTERED CARE:

VET CENTER

260-460-1456

VA NORTHERN INDIANA

260-426-5431, ext. 61190

FAITH-BASED CARE:

CROSSWINDS COUNSELING

877-594-9204

CROSS CONNECTIONS

260-373-0213

FREE SERVICES:

PFW COMMUNITY COUNSELING CENTER

260-481-5405

FIND INDIVIDUAL PROVIDERS:

psychologytoday.com/us/therapists



SCAN TO GET CONNCTED TO RESOURCES FOR SERVICE MEMBERS, VETERANS, FAMILY MEMBERS AND CAREGIVERS.



Note: Resources frequently change. The most updated copy can be found at: