

## Resources

### **STOP Suicide Northeast Indiana & Mental Health America of Northeast Indiana**

(260) 422-6441

[stopsuicidenow.org](http://stopsuicidenow.org)

[mentalhealthfrontdoor.org](http://mentalhealthfrontdoor.org)

### **LOOKup Indiana**

(800) 284-8439

[lookupindiana.org](http://lookupindiana.org)

### **Substance Abuse and Mental Health Services Administration (SAMHSA)**

(877) 726-4727

[store.samhsa.gov](http://store.samhsa.gov) (Free Suicide Crisis Materials)

### **Suicide Prevention Resource Center**

(877) 438-7772

[sprc.org](http://sprc.org)

### **Suicide Prevention Phone Apps**

Suicide Safety Plan: [moodtools.org](http://moodtools.org)

My3 Support Network: [my3app.org](http://my3app.org)

Virtual Hope Box:

[t2health.dcoe.mil/apps/virtual-hope-box](http://t2health.dcoe.mil/apps/virtual-hope-box)

## Grief Support

### **We The Living– Support Group**

(For Suicide Loss; Allen & DeKalb County)

(260) 450-1702

[wethelivingfw.org](http://wethelivingfw.org)

### **Mental Health America of Northeast Indiana– Peer Support Group**

(For Suicide Loss of Spouse/Partner)

(260) 422-6441

[MentalHealthFrontDoor.org](http://MentalHealthFrontDoor.org)

### **Visiting Nurse Grief Support**

(260) 435-3222

[vnfw.org](http://vnfw.org)

### **Erin's House For Grieving Children**

(260) 423-2466

[erinshouse.org](http://erinshouse.org)



## Local Providers

*\*Services for Adults Only*

### **Parkview Behavioral Health** (Inpatient/Outpatient\*)

(800) 284-8439

[parkview.com](http://parkview.com)

### **St. Joseph Behavioral Health** (Inpatient\*/Outpatient\*)

(260) 425-3606

[stjoehospital.com](http://stjoehospital.com)

### **Bowen Center** (Inpatient\*/Outpatient)

Counties: Allen, DeKalb, Kosciusko, LaGrange, Noble, Steuben

(800) 342-5653

[bowencenter.org](http://bowencenter.org)

### **Park Center** (Inpatient/Outpatient)

Counties: Adams, Allen, & Wells

(260) 481-2700

[parkcenter.org](http://parkcenter.org)

### **Northeastern Center** (Inpatient/Outpatient)

Counties: Allen, DeKalb, LaGrange, Noble, Steuben

(260) 347-2453

[necmh.org](http://necmh.org)

### **Headwaters Counseling** (Outpatient)

(260) 744-4326

[headwaterscounseling.org](http://headwaterscounseling.org)

## Crisis Lines

*Please call **911** in the event of an emergency*

### **National Suicide Prevention Lifeline (800) 273-TALK (8255)**

Text: CSIS to 839863

Chat: [suicidepreventionlifeline.org](http://suicidepreventionlifeline.org)

### **LGBTQ**

*Trevor Project (youth and young adults)*

(866) 488-7386

[thetrevorproject.org](http://thetrevorproject.org)

*Trans Lifeline (Limited Hours)*

(877) 565-8860

[hotline.translifeline.org](http://hotline.translifeline.org)

### **RemedyLIVE**

Text: Remedy to 494949

Chat: [remedylive.com](http://remedylive.com)